

Class Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6am	BAM Fitness	All Levels	BAM Fitness	All Levels	BAM Fitness		
7am	BAM Fitness	All Levels	BAM Fitness	All Levels	BAM Fitness		
8am	BAM Fitness	All Levels	BAM Fitness	All Levels	BAM Fitness	All Levels	
9am	All Levels	All Levels	All Levels	All Levels	All Levels	All Levels	BAM Fitness
10am		Legends		Legends		All Levels	
12pm	All Levels	All Levels	All Levels	All Levels	All Levels		
1pm							
2pm							
4pm	All Levels	All Levels	All Levels	All Levels	All Levels		
5pm	All Levels	All Levels	All Levels	All Levels	All Levels		
6pm	All Levels	All Levels	All Levels	All Levels	All Levels		
6pm	Fundamentals	Fundamentals	Fundamentals	Fundamentals	Fundamentals		
7pm	All Levels	All Levels	All Levels	All Levels			
8pm	Sports Performance		Sports Performance	Sports Performance			

